

MONMOUTH U3A MONTHLY BULLETIN January 2019

Monthly Meeting, 15th January 2019 2.30pm Bridges

Titanic Effort! – *R.M.S. Carpathia's* dash to save a stricken liner.

A talk by Paul Barnett

Advance Notice

Monthly Meeting 19th February 2019 2.30 Bridges

The Anglo-Saxon Period in the Forest of Dean

A talk by Alex Knight

The Anglo-Saxon migrations into Britain began in the mid 5th century following the withdrawal of the last Roman forces in 410AD. Beginning in the East of Britain and spreading out in all directions, over the course of the next hundred and fifty years or so the Anglo-Saxons would come to control much of modern day England, conquering and creating kingdoms as they went. But when did the Anglo-Saxons arrive in the area now called the Forest of Dean, an area that sits between the rivers Severn and Wye on the border with Wales in the west of England; and an area rich in natural resources ripe for exploiting. This talk will examine the evidence for when and how the Anglo-Saxons moved into the Forest of Dean, what impact they had upon this area after they arrived and the legacy they left behind by piecing back together all the details from available documentary and archaeological sources. The Anglo-Saxon period was an incredibly important time in the history of this nation and the effects would be no less monumental in the Forest of Dean!

Visiting Historic Houses and Gardens



We are planning on re-launching the 'Visiting Historic places' group and the 'Visiting Gardens' group by bringing them together as one group. Tricia Dodd is looking for someone to share the convenor role with her for this group. This would mean helping out with some of the organisation of the visits but mainly in the planning and agreeing on places to visit. If you would like to volunteer to do this, or would like to discuss further, please contact Tricia on monmouthu3a@gmail.com or call her on 01600 740136

Dementia awareness session

Gilwern U3A are organising a session on Dementia Awareness and have invited members of Monmouth U3A to attend if they are interested. We do not have any detailed information yet but the planned date is the afternoon of 27th February so if you are interested, please put it in your diary and we will send further information when it becomes available

There are still a couple of places on our team for the quiz on January 25th at 2.00pm at Chepstow Rugby Club organised by Chepstow U3A. £1 per head entrance fee. If you are interested then please email monmouthu3a@gmail.com or call Tricia Dodd on 01600 740136



Could you spare some time to share your knowledge and skills?

Recently one of our convenors gave a talk at Parade House Residential Home in Monmouth and it was such a success that they have asked if any other convenors or individual members could go along and talk about what they do in their groups. It is very informal and need last anywhere between 20-40 minutes. They would also love to see any examples of crafts that you do. If you could help in this way, could you contact Marietta, the activities manager, on 07802750923 or mariettabell@googlemail.com. If you are able to help, could you also let Mary, our groups' coordinator know at orwelsh@icloud.com

NEWS FROM THE GROUPS

Science and technology

February 12th 2019 2.30pm Mitchel Troy Village Hall

"The Trouble with Men"

A presentation by Dai John, Head of Awareness, Prostate Cymru.

Cinema goers

Tuesday, February 12th 10.30am Monmouth Savoy Cinema Doors open 10.00am

Admission £6.00 Refreshments available

COLD WAR (2018) Certificate 15 Running time: 1hrs 28mins

(Polish – with English subtitles)

Pawel Pawlikowski follows his Oscar-winning 'Ida' with the stunning 'Cold War', an epic romance set against the backdrop of Europe after World War II. In the ruins of post-war Poland, Wiktor (Tomasz Kot) and Zula (Joanna Kulig) fall deeply, obsessively and destructively in love. As performing musicians forced to play into the Soviet propaganda machine, they dream of escaping to the creative freedom of the West. But one day, as they spot their chance to make a break for Paris, both make a split decision that will mark their lives forever. As the years march on in the wake of that moment, Wiktor and Zula watch the world changing around them, always struggling to find their moment in time ~ *Curzon Cinemas*

It is open to non-members so bring along your friends who haven't joined U3A

For details of these and all our other activities, please consult our website www.monmouthu3a.com

Please send copy for February Bulletin to monmouthu3a@gmail.com

by the 10th of February