



From the Committee

Platinum Jubilee/40th Anniversary of u3a Buffet Lunch

Tuesday 19th July at 1.30pm for 2pm at Bridges in memory of Stan Armstrong

Stan was a long-standing member of Monmouth u3a who died in 2020 and left a generous bequest to us which is being used to part fund these celebrations.

If you would like to join us for this buffet lunch, please reserve your place (if you haven't already done so) by contacting Tricia Dodd on Monmouthu3a@gmail.com by Wednesday June 15th.

There will be a cost of £5 per person and tickets will be issued to those who reserve a place (Tricia will give you payment details when you reserve your place). We are using outside caterers so need to give them an accurate number of those attending.

Please let us know of any dietary requirements when you respond.

Monmouth u3a committee 2022/23

We recently sent an email about the urgent need for members to come forward to sit on the committee next year. Without new committee members we have serious concerns that Monmouth u3a will not be able to continue.

We have had some members express an interest in finding out more about what is involved and we are very grateful for that. However, there is room for more! We are arranging a get-together for those who are interested (without any commitment at the moment) so if you would like to find out more, please contact monmouthu3a@gmail.com

Website

Don't forget to check the website – www.monmouthu3a.com – for updates and news.

Members Meeting

Members meeting 21st June: Show and have-a-go

2.30 at Bridges

Lots of members are showing us their hobby skills and giving you the chance to try your hand at something new.

Do please support them by coming along to be inspired when you see how it's done!

Groups

Proposed new group: Pins and Needles

It is envisaged that this group would cover all aspects of needlecrafts i.e.: dressmaking, bag making, repairs and upcycling, quilting (machine and hand), embroidery, cross stitch, knitting and crochet in a social setting.

Bring your own sewing machine and any project you like. Help and inspiration is on hand for all needlecrafts.

First meeting: July 4th (i.e. the first Monday of the month) 2-4 pm at Rockfield Hall, off Cornwallis Way.

All levels of experience are welcome.

£3 per session payable quarterly

Please contact Mary Ross if you are interested on orwelsh@icloud.com

Science and Technology: Tuesday 14 June at 2.30pm in the BRIDGES CENTRE

A seasonal tour of the night sky by Jim Bell

From the simple movement of the planets around the Sun, to the immense scale of the Universe and the possibilities of life outside of our planet, space has always fascinated and enthralled us. Although science underpins what we understand about space today, it is still the stories that we tell about space and stars that capture the imagination and show us who we are.

Jim has been working as a planetarium presenter and science communicator for the last 15 years, and currently uses his mobile planetarium as part of star safaris in the Forest of Dean. Join him for a look into the night sky and a deeper dive into the myths behind the constellations.

Country dancing

This group enjoyed its first meeting and invites you to join in this fun form of social exercise. Meets 3rd Monday 2-4 pm in the ballroom at Bridges. Contact Christine chrisandavey@tiscali.co.uk

Badminton

This new group is also benefiting from social exercise on Tuesdays 5-6pm at Monmouth leisure centre. Contact Daniel (hennessy3108@gmail.com)

Walking with dogs

This new group is enjoying socialising and exercising in the fresh air! Contact Mel (mellyhughes4@gmail.com)

U3A Cinema Group

Tuesday, 14th June 2022 at 10.30am: Doors open 10.00am

NB: Entrance has increased to £6.50 (cash only). This includes raffle to win free entry to a future U3A film. All films are shown with sub-titles.

SOMETIMES, ALWAYS, NEVER

UK – 2018: Running Time: 1hr 31mins: Certification 12A

There's a beguiling Englishness to this elegant, offbeat comedy-drama, terrifically written by Frank Cottrell-Boyce and directed by feature debutant Carl Hunter. It has a wonderful syncopation in its rhythm and narrative surprises. The film positively twinkles with insouciance, and is performed with aplomb, particularly by Bill Nighy, who brings a droll sprightliness and deadpan wit to the lead part, but shows how these mannerisms mask emotional pain.

Alan (Bill Nighy), a retired Merseyside tailor, a formidable and quietly intelligent man, who has retreated into his habits and eccentricities to shield himself from the cares of the world. He has spent years searching tirelessly for his missing son Michael, who stormed out over a game of

scrabble. With a body to identify and his family torn apart, Alan must repair the relationship with his youngest son Peter (Sam Riley) and solve the mystery of an online player who he thinks could be Michael, so he can finally move on and reunite his family.

Contacts: Barbara Atkins, 01600 714761 barbara.atkins3@btinternet.com or Dorothy Munslow. 01600 715014

National

News from the Third Age Trust

The latest newsletter from the Third Age Trust can be found here <https://us9.campaign-archive.com/?u=656ad5962b370cc9e2731d1ed&id=0b2c1e3dcb> It contains, among other things, information about a 40th Anniversary Science Network meeting, a Bridge tournament and a Robot Constructor's challenge!

Other

The Sixteen: a choral pilgrimage

The Sixteen (a registered charity) will perform their Choral Pilgrimage in Hereford Cathedral on 9th June at 7.30 pm and have asked us to publicise this event. More details can be found here <https://www.herefordcathedral.org/Event/the-sixteen-choral-pilgrimage-2022><https://thesixteen.com/event/the-choral-pilgrimage-2022-hereford/>